



SOUTHWEST OHIO
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www.mydaytonent.com

Allergy Treatment

Patient Information and Instructions

Welcome to our Allergy Department. We would like to let you know what to expect during the course of your treatment.

Allergy injections are given weekly during the build-up phase which may last up to one year. They will then be given every other week for up to three years. At the end of your treatment, you and your doctor will decide whether you need to be retested, or if you should stop treatment at that time.

During the course of your allergy treatment, it is possible for a reaction to occur. It is common for your arm to get red and itchy. If you have a local reaction such as swelling at the injection site, or if a mild systemic reaction occurs such as increased allergy symptoms, i.e., sneezing, congestion, etc., let us know before your next injection how large the swelling gets and how long it or the systemic reaction stays. Measure the size as a dime, nickel, quarter, etc. This will help us decide what your next dose should be. You should apply ice packs, topical antihistamines, and/or take oral antihistamines. We have these if you need them. You will also need to wait 15 -20 minutes after your injection, and then have your arm checked by one of our nurses.

If you have a more severe systemic reaction such as swelling in the throat, wheezing, a sensation of tightness in your chest, nausea, dizziness, itching all over, faint feeling, and/or irregular heartbeat, let us know immediately. If you have left our office, you may need to use your Epi-pen. You should always keep this with you on the day of your injection. It is rare that you might need to use it, but the chance is always there. (Do not leave the Epi-pen in your car. The extreme heat or cold will damage it.) If you do have these symptoms, whether or not you've used your Epi-pen, go to the emergency room or call 911.

If you have any questions or concerns, please call. We'd be happy to try to answer them. Our number is 496-2620 X 454.
The Medical Society's number is 463-1500 if you need to contact a doctor after office hours.

Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation

Main Location	Dayton Children's Specialty Care Center Warren County	Englewood Office	Troy Office	Centerville Office
369 West First Street Suite 400 Dayton, OH 45402 (937) 496-2600	100 Campus Loop Road Suite A Franklin, OH 45005	9000 North Main Street Suite 320 Dayton, OH 45415	1861 Town Park Drive Suite H Troy, OH 45373	950 E. Alex-Bell Road Centerville, OH 45459