



SOUTHWEST OHIO

ENT SPECIALISTS

Jeffery S. Adam, M.D.
Stewart I. Adam, Jr., M.D.
Abdulla J. Adib, M.D.
Atul N. Balwally, M.D.
C. Michael Collins, M.D.

(Formerly Dayton Head & Neck Surgeons, Inc)

Wolfgang F. Dietz, M.D.
Adan A. Fuentes, D.O.
Robert A. Goldenberg, M.D.
Michael A. Helfferich, D.O.

Mahendra G. Patel, M.D.
Jerome C. Spiegel, M.D.
William J.D. Turner, M.D.
Charles J. Zeller, IV, D.O.

www.mydaytonent.com

Skin Endpoint Titration (SET) Allergy Testing

Your Doctor has ordered allergy testing because of your medical history and physical exam suggests that allergies may be the cause of your symptoms. Your testing will be performed by our Allergy Department and will take approximately 2 hours. You will know the results immediately after your test. If you need to cancel your appointment, kindly give 48 hours notice.

*****ASAP***** Please review the list of medications included in your packet. This list will give medications that **cannot** be taken prior to testing. Remember this is not a complete list of medications. If you have any questions about medications, please check the list first and then call our Allergy Department at 496-2620 X 454.

On the day of testing:

1. Complete and bring the history form included in your packet
2. DO NOT SMOKE THE DAY OF YOUR TEST.
3. Do Not use Perfumes, Colognes, or Lotions
4. **Please make sure you EAT before the appointment**
5. If your insurance requires a referral, make sure your Family Doctor (Primary Care Physician – PCP) completes one for the test.
6. **Men:** If your UPPER OUTER ARMS are hairy, please shave them prior to your testing
7. NO CHILDREN PLEASE
8. Bring a list of ANY medications, vitamins and/or supplements you are taking.
9. Wear Short Sleeves.
10. If patient is under age 18 a parent or guardian **MUST** accompany the patient and remain with them during the testing.

Please do not hesitate to contact our office if you have any questions.

THANK YOU!!!

Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation

Main Location	Dayton Children's Specialty Care Center Warren County	Englewood Office	Troy Office	Centerville Office
369 West First Street Suite 400 Dayton, OH 45402 (937) 496-2600	100 Campus Loop Road Suite A Franklin, OH 45005	9000 North Main Street Suite 320 Dayton, OH 45415	1861 Town Park Drive Suite H Troy, OH 45373	950 E. Alex-Bell Road Centerville, OH 45459